



MILITARY, VETERAN & FAMILY
CENTER OF EXCELLENCE



MILITARY-CONNECTED RESOURCE GUIDE:

GOVERNMENT SHUTDOWN RESOURCES FOR SUPPORT

THE NEED, RIGHT NOW

Amidst the current federal government shutdown, this guide consolidates credible, high-utility resources—emergency financial aid, banking relief, benefits options, and community programs—so you can stabilize now and plan for what's next. Our aim is simple: connect you quickly to support and an integrated ecosystem of care.

The Veterans Crisis Line is there for you if you are in crisis. Dial 988 and then Press 1.

MILITARY RESOURCES DURING GOVERNMENT SHUTDOWN

Military OneSource: DoD's 24/7 first line of support—confidential, trusted help for service members and families.

MILITARY AID SOCIETIES

Each service branch has a dedicated aid society that provides interest-free loans or grants for urgent financial needs, such as food, rent, and utilities.

Army: Army Emergency Relief (AER) provides loans for Soldiers and their families impacted by pay disruptions.

Navy-Marine Corps: The Navy-Marine Corps Relief Society (NMCRS) assists active-duty service members and their families with immediate financial needs.

Air Force/Space Force: The Air Force Aid Society (AFAS) supports airmen, Guardians, and their families with emergency financial assistance.

Coast Guard: Coast Guard Mutual Assistance (CGMA) offers loans to help with essential bills.

CREDIT UNIONS & BANKS

Please check bank webpages for the most current information on what they are offering during the shutdown.

USAA: Loans are available to customers who work for a federal agency affected by the shutdown and use direct deposit for their government pay.

Navy Federal Credit Union: Loans are available to active-duty service members, federal government employees, and contractors paid directly by the federal government.

Thrift Savings Plan Hardship Withdrawal: Current federal civilian employees and members of the uniformed services can request a financial hardship in-service withdrawal from their TSP accounts. <https://www.tsp.gov/bulletins/19-9/>

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OTHER ORGANIZATIONS

Veterans of Foreign Wars (VFW): Financial grants to active-duty service members and their families experiencing unexpected hardship due to military-related activity.

American Red Cross: Provides financial assistance and support to military families; contact your local chapter to process requests through the Military Aid Society.

American Legion: Temporary financial assistance program through the American Legion Veterans and Children Foundation.

Operation Homefront: This nonprofit organization provides short-term critical financial assistance to military families in need.

211 Community Support Line: A free, confidential helpline connecting individuals to local resources including food assistance, housing and shelter support, utility and bill assistance, transportation, and more.

Dial 211 from any phone or visit your state's 211 website to search resources by ZIP code or need.

NOTE

Programs and eligibility can change; verify details with providers. This guide is informational and not a substitute for emergency services.

HOW WE CAN HELP

The MVF COE partners with small businesses, nonprofits/VSOs, government agencies, and community coalitions to turn vision into measurable outcomes.

Whether you're an individual seeking immediate assistance or an organization standing up a response, we can help you navigate options, build capacity, and align action with data.

CONNECT WITH US

Questions or need a warm handoff?

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The Military, Veteran & Family Center of Excellence (MVF COE), deployed by A-G Associates is a catalyst for impact across the military-connected community. Our cross-functional team—researchers, strategists, clinicians, and leaders with lived service experience—unites innovation and evidence to strengthen the systems that support service members, Veterans, families, and caregivers.

